

Novel approaches with recently licensed drugs or recently studied in relapsed acute lymphoblastic leukemia

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Take-home messages

- Although acute lymphoblastic leukemia is highly curable with conventional chemotherapy (ALL), novel therapeutic approaches are still needed to improve outcomes for high-risk or relapsed ALL, especially in adults.
- Immunotherapeutic approaches have significantly improved the outcome of R/R ALL patients and are currently tested in early phases of the disease.
- Targeted therapy combined with conventional chemotherapy and/or immunotherapy can provide promising results in some specific subtypes of ALL.

Most drugs used in standard regimens for acute lymphoblastic leukemia (ALL) were developed more than 30 years ago and have contributed to the success of treatment, especially in children. Since that time, several new drugs have been developed and incorporated into ALL treatment. However, a small number of drugs have been approved by the regulatory agencies since the year 2000, including imatinib (2001), clofarabine (2004), nelarabine (2005), dasatinib (2006), liposomal vincristine sulfate (2012), ponatinib (2012) and blinatumomab (2014). In spite of this, novel therapeutic approaches are still needed to improve outcomes for high-risk or relapsed ALL, especially in adults. These include purine nucleoside analogs, mammalian target of rapamycin (mTOR) inhibitors, proteasome inhibitors, histone deacetylase (HDAC) inhibitors, hypomethylating agents, Bruton's tyrosine kinase (BTK) inhibitors, Janus kinase-signal transducer and activator of transcription (JAK-STAT) inhibitors, anti-programmed cell death protein (anti-PD-1) antibodies, mitogen-activated protein kinase (MEK) inhibitors, CXCR4 antagonists, poly (ADP-ribose) polymerase (PARP) inhibitors, and FMS-like tyrosine kinase 3 (FLT3) inhibitors, among others.¹ The immunotherapeutic approaches with monoclonal antibodies, antibody drug conjugates and bispecific antibodies have shown very promising results in relapsed or refractory ALL patients.² Apart of these drugs, therapeutic strategies harnessing T lymphocytes or NK cells have been developed, being the CAR T cells associated to an impressive short-term efficacy.3 On the other hand, progress in the genetic characterization of ALL in both children and adults has allowed the recognition of specific subtypes with specific altered pathways targetable with specific drugs. Philadelphia chromosome-positive ALL was the first example of an ALL subtype in which the combination of tyrosine kinase (TKI) inhibitors with standard chemotherapy resulted in a significant improvement in the patients' survival. Similarly, the patients with the BCR-ABL like ALL subtype are currently enrolled in clinical trials with TKI inhibitors (e.g., dasatinib) or JAK inhibitors (e.g., ruxolitinib) combined with chemotherapy, depending on their mutational profile.⁴ Progresses in the knowledge of the biology of MLL-rearranged ALL have led to evaluate the activity of hypomethylating drugs (eg, azacitidine), DOT1L inhibitors (e.g., EPZ5676), FLT3 inhibitors, MEK inhibitors or BCL-2 inhibitors, in combination with chemotherapy.⁵

Some of the novel approaches with recently licensed or recently studied drugs in relapsed or in newly diagnosed ALL have been associated with significant improvement in survival in phase 2 or phase 3 clinical trials. For mature B ALL, there is no doubt that the combination of rituximab with specific chemotherapy constitutes the treatment of choice.⁶ Similarly, significant improvements in event-free survival have been observed with the incorporation of rituximab to the standard chemotherapy schedule in B-cell precursor (BCP) ALL with CD20 expression.⁷ In patients with relapsed or refractory (R/R) BCP ALL two phase 3 studies with inotuzumab⁸ ozogamycin and blinatumomab9, respectively, have demonstrated significant improvement in the complete remission (CR) rate and the overall survival (OS) compared with standard of care (SOC) chemotherapy and these therapies should be currently considered as a bridge to hematopoietic stem transplantation (HSCT) in these patients. A global phase 2 study with blinatumomab in patients with minimal residual disease (MRD) positive ALL has shown 80% rate of molecu-



 Table 1. Antileukemic drugs in current clinical trials in acute lymphoblastic leukemia.

Class agent	Target	Indication
Purine nucleoside analogue		
Clofarabine	Ribonucleotide reductase; DNA Polymerase; mitochondria	All ALL
Nelarabine	Ribonucleotide reductase; DNA synthesis	T-ALL
Vinca alkaloid		
Vincristine sulfate liposome	Tubulin	All ALL
Kinase inhibitors		
ABL1 kinase inhibitors (dasatinib, ponatinib)	ABL1 kinase; PDGFR-B	BCR-ABL+ ALL
Aurora kinase inhibitors (alisertib)	Aurora A kinase	BCR-ABL-like ALL
Janus kinase inhibitors (JAK)	JAK	BCR-ABL+ ALL
Ruxolitinib, tofacitinib, other		JAK-mutated ALL
BCR-ABL-like ALL		
T-ALL		
Tyrosine kinase inhibitors	FMS-like tyrosine kinase 3 (FLT3)	MLL-ALL
Lestaurtinib, midostaurin,		Hyperdiploid ALL
sorafenib, quizartinib,		
tandutinib, sunitinib		
Other molecular or signaling inhibitors		
Proteasome inhibitors (bortezomib)	Ubiquitin pathway	All ALL
mTOR inhibitors (sirolimus, everolimus)	mTOR	All ALL
FT inhibitors (tipifarnib, lonafarnib)	Ras, Iamin A	All ALL
Y secretase inhibitors	Y Secretase	T-ALL
Angiogenesis inhibitors (bevacizumab)	VEGF	All ALL
Apoptosis inducers (obatoclax, oblimersen)	Bcl-2	All ALL
CXCR4 antagonists	CXCL12(SDF1)/CXCR4 axis	All ALL
B-cell receptor inhibitors	Ibrutinib, idelalisib, other BTK inhibitors	B-precursor ALL
Epigenetic therapy		
DNA methyltransferase inhibitor	DNA methyltransferase	All ALL
(Azacitidine, decitabine)	,	
Histone methyltransferase inhibitor	DOT1L	MLL-ALL
(EPZ-5676)		
HDAC inhibitor (Vorinostat, panobinostat)	Histone deacethylase	All ALL
Immune therapy		
Monoclonal antibody		
Blinatumomab	CD19 (engages CD3)	CD19+ ALL
Coltuximab ravtansine	CD19	CD19+ ALL
Denintuzumab mafodotin	CD19	CD19+ ALL
DT2219ARL	CD19 and CD22	CD19/CD22+ ALL
Rituximab	CD20	CD20+ ALL
Epratuzumab,	CD22	CD22+ ALL
Moxetumomab pasudotox	CD22	CD22+ ALL
Inotuzumab ozogamycin	CD22	CD22+ ALL
Alemtuzumab	CD52	CD52+ ALL
Brentuximab vedotin	CD30	T-ALL
Cellular therapy		
NK cells	KIR ligand	
T cells with CD19 chimeric Ag receptor	CD19	CD19+ ALL
T cells with CD22 chimeric Ag receptor	CD22	CD22+ ALL
T cells with CD123 chimeric Ag receptor	CD123	CD19 negative relapses



lar response, being translated into improved OS, independent of the subsequent HSCT realization.¹⁰ Another phase 2 study with blinatumomab in R/R Ph+ ALL has shown a CR rate of 36%, independent of the ABL mutation status.¹¹ Blinatumomab and inotuzumab are currently being investigated in newly diagnosed patients with BCP ALL, integrated with the chemotherapy schedule, especially during consolidation. In this sense, two ongoing phase 2 studies with inotuzumab combined with attenuated chemotherapy have shown promising results in adults and elderly patients with R/R or with newly diagnosed BCP ALL, respectively.^{12,13}

Among the non-immunochemotherapeutic drugs, the combination of ponatinib with chemotherapy has shown very promising short-term results in patients with newly diagnosed Ph+ ALL,¹⁴ being superior to those obtained with imatinib in historical comparisons.¹⁵ If these results are confirmed in other ongoing trials this combination could be the treatment of choice for these patients. Other non-TKI approaches (e.g., allosteric inhibitors) are actively investigated. Current trials are evaluating the combination of immunotherapeutic drugs (e.g., blinatumomab) with TKI inhibitors in an attempt to treat Philadelphia chromosome-positive ALL with a nonchemotherapeutic approach.

Some approved drugs and drugs under development are actively investigated in phase 2 and phase 3 clinical trials. In this sense, randomized studies compare first-line chemotherapy with standard vincristine versus vincristine sulfate liposome in newly diagnosed Ph-negative ALL patients.¹⁶ Clofarabine is currently being tested as part of the conditioning regimens for allogeneic HSCT in ALL patients.¹⁷ Proteasome inhibitors are actively investigated in patients with R/R ALL (Table 1).

The therapeutic armamentarium with new drugs for T-ALL is limited. Nelarabine has been safely integrated into intensive chemotherapy regimens in newly diagnosed T-cell ALL in children and in adults, although more information is needed to know whether the addition of nelarabine improves their outcome.¹⁸ Targeting NOTCH (gamma-secretase inhibitors), the IL7R-JAK1/3-STAT5 axis (ruxolitinib, tofacitinib), the PI3K/Akt/mTOR axis (PI3K or mTOR inhibitors), the NUP214-ABL1 rearrangement (dasatinib) or BCL2 (BCL2 inhibitors, ETP ALL) are promising areas of research.^{19,20}

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